Frail Elderly and Geriatric Syndromes

July 16-17, 2009

Supported in part by the Bureau of Health Professions, HRSA, for the Nebraska Geriatric Education Center.
TARGET AUDIENCE
Physicians, nurse practitioners, pharmacists, physician assistants, nurses, psychologists, counselors, physical therapists, physical therapist assistants, occupational therapists, and social workers.

CONFERENCE DESCRIPTION
This conference will provide updates and evaluation/treatment toolkits designed to facilitate interdisciplinary evidence-based best practices regarding urinary incontinence, hip fracture management, and unintentional weight loss. Symptom management of frailty, including when palliative approaches are appropriate, will also be discussed. Since management of frailty occurs within organizations and across communities, system issues within rural communities will also be addressed from a quality improvement perspective.

CONFERENCE OBJECTIVES
At the conclusion of this conference, the participant should be able to:
• Explore the problem of frailty in the elderly
• Incorporate updates in treating urinary incontinence into clinical practice
• Recognize the impact of unintentional weight loss and nutrition problems in the elderly
• Apply recent evidence in medical, surgical, and rehabilitation management of hip fractures to the problem of frailty
• Describe the role of the healthcare system in improving care of frail elders, with special consideration of organizational barriers in rural settings

HOST SITE LOCATION
Durham Research Center Auditorium
University of Nebraska Medical Center
550 South 45th Street
Omaha, Nebraska

NEBRASKA TELEHEALTH NETWORK LOCATIONS
Beatrice
Beatrice Community Hospital & Health Center
Garden Room
1110 North 10th Street, Beatrice, NE

Chadron
Chadron Community Hospital
Teleconference Room
821 Morehead Street, Chadron, NE

Cozad
Cozad Community Hospital
Conference Room
300 East 12th Street, Cozad, NE

Grand Island
Central District Health Department
Main Conference Room
1137 South Locust Street, Grand Island, NE

Holdrege
Phelps Memorial Health Center
Lower Level Conference Room
1215 Tibbals Street, Holdrege, NE

Lincoln
VA Nebraska-Western Iowa Health Care System
Auditorium
600 South 70th Street, Lincoln, NE

Norfolk
Faith Regional Health Services
Medical Office Building West
Madison Room
110 North 28th Street, Norfolk, NE

Pender
Pender Community Hospital
Conference Room
603 Earl Street, Pender, NE

Scottsbluff
Regional West Medical Center
South Plaza Room 1202
4021 Avenue A, Scottsbluff, NE

REGISTRATION FORM

PERSONAL INFORMATION
Name
Degree
Mailing Address
City, State, ZIP
Telephone (including area code)
Fax Number (including area code)
Email Address
Nursing License Number

FEES
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<th>On or before June 18, 2009</th>
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I would like to attend
☐ DAY ONE ONLY  ☐ DAY TWO ONLY  ☐ BOTH DAYS

LOCATION
☐ Beatrice  ☐ Chadron  ☐ Cozad  ☐ Grand Island  ☐ Holdrege  ☐ Lincoln  ☐ Norfolk  ☐ Omaha  ☐ Pender  ☐ Scottsbluff

PAYMENT
☐ Check or money order enclosed (Made payable to UNMC CCE)
☐ Charge to my
  ☐ American Express
  ☐ MasterCard
  ☐ Visa

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Three Digit Verification Code
Cardholder’s Name
Signature

REGISTER ONLINE
www.unmc.edu/cce

MAIL TO
UNMC Center for Continuing Education, 986800 Nebraska Medical Center, Omaha, NE 68198-6800

Registration Deadline: July 1, 2009
Conference Directors

Jane F. Potter, MD  
Harris Professor of Geriatric Medicine; Chief, Section of Geriatrics, Department of Internal Medicine, University of Nebraska Medical Center

Patricia A. Hageman, PT, PhD  
Professor, Physical Therapy Education, University of Nebraska Medical Center

Edward V. Vandenberg, MD, CMD  
Assistant Professor, Section of Geriatrics, Department of Internal Medicine, University of Nebraska Medical Center

Planning Committee Members

Lisa A. Bottsford, MPH  
Program Coordinator, NEBGEC Mini-fellowship, at (402) 559-8421 or by email at gec@unmc.edu.

Joan A. Husted, HRM, CMP  
Patricia A. Hageman, PT, PhD

Lisa Bottsford, MPH, Program Coordinator, at (402) 559-8421 or by email at gec@unmc.edu.

REGISTRATION INFORMATION

The registration fee to attend this conference is:

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*There is no registration fee for students/residents with verification of full-time status from supervisor.

Space is limited - early registration is recommended.

The registration fee includes the educational conference, handout materials, continental breakfasts, lunches, and refreshment breaks. All registrations must be accompanied by full payment in order to secure your registration. Checks should be made payable to the UNMC Center for Continuing Education. For your convenience, American Express, MasterCard, and Visa are accepted.

Registration Deadline: July 1, 2009

Walk-in registrations will be accepted based on space availability. Conference materials/food cannot be guaranteed for walk-in registrants.

Registration may be made:

Online: www.unmc.edu/cce
Mail: UNMC Center for Continuing Education 986800 Nebraska Medical Center Omaha, NE 68198-6800
Telephone: (402) 559-5929 or (877) 832-6924 (available 9am-3pm CST Monday through Friday)
Fax: (402) 559-5915

CANCELLATION POLICY

Full refunds may be obtained if a written request is received by Wednesday, July 1, 2009. A $25 processing fee will be retained for cancellations after this date. No refunds will be issued once the conference begins.

ADA

In compliance with the Americans with Disabilities Act, the UNMC Center for Continuing Education does not discriminate on the basis of disability. The Center shall provide reasonable accommodation, including auxiliary aids and services, to ensure equal access to its programs, services, and activities. If you would like an auxiliary aid or service, please call (402) 559-4152 by July 1, 2009 with your request.

FOR ADDITIONAL CONFERENCE AND HOTEL INFORMATION

For additional information about our conference, please contact Joan Husted at (402) 559-6235 or by email at jhusted@unmc.edu. Visit the website at www.unmc.edu/cce.
DAY ONE:  THURSDAY, JULY 16, 2009

Moderator: Edward V. Vandenberg, MD, CMD

8:00-8:30  REGISTRATION/CONTINENTAL BREAKFAST

8:30-8:45  INTRODUCTION AND OVERVIEW

8:45-9:45  FRAILTY: WHAT, WHO AND WHY DO WE CARE?
            (447-000-09-059-L04-P)
            Jane F. Potter, MD
            Harris Professor of Geriatric Medicine; Chief, Section of Geriatrics, Department of Internal Medicine, University of Nebraska Medical Center

9:45-12:15  URINARY INCONTINENCE
            (447-000-09-060-L01-P)

9:45-10:30  INCONTINENCE AND PROLAPSE - IT HAPPENS TO THE BEST OF US!
            Nancye D. Hasiak, APRN
            Olson Center for Women’s Health, Gynecology/Urogynecology, Department of Obstetrics and Gynecology, University of Nebraska Medical Center

10:30-10:45  BREAK

10:45-11:30  MINIMALLY INVASIVE SURGERIES FOR INCONTINENCE AND PROLAPSE
            Neena Agarwala, MD
            Assistant Professor, Laparoscopic Urogyn and Pelvic Surgery, Department of Obstetrics and Gynecology, University of Nebraska Medical Center

11:30-12:15  PELVIC FLOOR REHABILITATION: MORE THAN JUST KEGELS
            Elizabeth Hopkins, PT, DPT
            Physical Therapist, Olson Center for Women’s Health, The Nebraska Medical Center

12:15-1:00  LUNCH

1:00-4:15  UNINTENTIONAL WEIGHT LOSS AND FAILURE TO THRIVE
            (447-000-09-061-L01-P)

1:00-1:45  “WEIGHTY QUESTIONS”: AGING, APPETITE AND ASSESSMENTS IN THE EVALUATION OF UNINTENTIONAL WEIGHT LOSS
            Edward V. Vandenberg, MD, CMD
            Assistant Professor, Section of Geriatrics, Department of Internal Medicine, University of Nebraska Medical Center

1:45-2:15  APPETITE AND APOTHECARY: DRUG INTERVENTIONS AND MISADVENTURES IN FRAILTY
            Linda M. Farho, PharmD, BCPS
            Assistant Professor, Pharmacy Practice, College of Pharmacy, University of Nebraska Medical Center

2:15-2:30  Q & A

2:30-2:45  BREAK

2:45-3:30  GOT WEIGHT LOSS? GET NUTRITION: TREATMENT AND MANAGEMENT
            Barbara J. Robertson, MA, RD, CNSD, LMNT
            Medical Nutrition Therapist Specialist, Clinical Nutrition, Department of Pharmaceutical and Nutrition Care, The Nebraska Medical Center

3:30-4:15  NUTRITION IS MORE THAN ABOUT FOOD: THE PSYCHOSOCIAL ASPECTS OF ELDER FAILURE TO THRIVE
            Diane K. Hendricks, CMSSW, LMHP
            Social Worker/Clinical Intake Coordinator, Section of Geriatrics, Department of Internal Medicine, University of Nebraska Medical Center

4:15-4:30  EVALUATION/ADJOURN

4:30-5:00  ACTIVE LEARNING ASSESSMENT
            (Pharmacists are required to attend in order to receive ACPE credit for the day)

DAY TWO:  FRIDAY, JULY 17, 2009

Moderator: Dennis P. McNeilly, PsyD

Associate Professor, Division of Geriatrics, Department of Psychiatry, University of Nebraska Medical Center

8:00-8:30  REGISTRATION/CONTINENTAL BREAKFAST

8:30-8:45  INTRODUCTION AND OVERVIEW

8:45-12:00  MANAGEMENT OF HIP FRACTURES
            (447-000-09-062-L04-P)

8:45-9:45  MEDICAL/SURGICAL INTERVENTIONS AND MANAGEMENT
            Chad Vokoun, MD, FACP
            Assistant Professor/Associate Program Director, Section of General Medicine-Academic, Department of Internal Medicine, University of Nebraska Medical Center

9:45-10:45  FIXING THE FRACTURED: KEY ISSUES IN POST-OPERATIVE HIP FRACTURE REHAB PROGRAMS
            Lisa A. B. Eisenmenger, PT, DPT
            Physical Therapist, Inpatient Rehab Services, The Nebraska Medical Center

10:45-11:00  BREAK

11:00-12:00  THE PSYCHOSOCIAL IMPACT OF HIP FRACTURES AND TRANSITIONS IN CARE
            Carol Ramsey, LCSW
            Medical Social Worker, The Nebraska Medical Center
            Jeanette Kassmeier, RN, BSN, ONC
            Case Manager, Ortho/Neuro/Trauma, The Nebraska Medical Center

12:00-12:45  LUNCH

12:45-1:45  DEVELOPING A RURAL GERIATRIC ASSESSMENT PROGRAM
            (447-000-09-063-L04-P)
            Matthew Timm, MD
            General Practice, Pender Mercy Medical Clinic

1:45-2:00  BREAK

2:00-3:00  IMPROVING CARE FOR FRAIL ELDERS: THE ROLE OF THE HEALTHCARE SYSTEM
            (447-000-09-064-L04-P)
            Katherine J. Jones, PT, PhD
            Assistant Professor, Physical Therapy Education, University of Nebraska Medical Center

3:00-4:00  FRAILTY: END-OF-LIFE INTERSECTION
            (447-000-09-065-L04-P)
            Catherine M. Eberle, MD, FACP, CMD
            Associate Professor, Section of Geriatrics, Department of Internal Medicine, University of Nebraska Medical Center
            Lisa Cuvelier, RN, BSN
            Hospice Clinical Manager, Visiting Nurse Association Home Care and Hospice

4:00-4:15  EVALUATION/ADJOURN

4:15-4:45  ACTIVE LEARNING ASSESSMENT
            (Pharmacists are required to attend in order to receive ACPE credit for the day)

For information about the NEBGEc Mini-fellowship, please contact Lisa Bottsford at (402) 559-8421 or gec@unmc.edu. Visit the website at www.unmc.edu/nebgec.