Critical Issues in Geriatrics

The Annual NEBGEC Updates Conference

June 24-25, 2010 • Durham Research Center Auditorium • University of Nebraska Medical Center

Nebraska Telehealth Network Locations
Alliance, Grand Island, Holdrege, Kearney, Lincoln, Norfolk, North Platte, and Pender
This knowledge-based conference will provide updates and evaluation/treatment toolkits designed to facilitate interprofessional evidence-based best practices regarding depression and related mental health problems, common rheumatologic problems in the elderly, issues surrounding driving in the elderly, and the performance of geriatric assessment clinics. To better understand the patient’s point of view on their problems, a presentation on an improved history-taking technique using a narrative approach will also be provided. All presenters will provide information relevant to interprofessional teams practicing in both urban and rural environments.

LOCATION
University of Nebraska Medical Center
Durham Research Center (DRC) Auditorium
550 South 45th Street
Omaha, Nebraska

TARGET AUDIENCE
Physicians, nurse practitioners, pharmacists, physician assistants, nurses, psychologists, counselors, physical therapists, physical therapist assistants, occupational therapists, and social workers.

CONFERENCE OBJECTIVES
At the conclusion of this conference, the participant should be better able to:
• Describe the approach to narrative history taking that elicits the unique story of the older adult.
• Demonstrate the skills necessary to care for older adults with depression and related mental health problems.
• Explore the most appropriate treatments of common rheumatologic disorders in older adults.
• Examine the problems of older adults and driving, including warning signs and how to evaluate the older driver.
• Review the impact of transportation difficulties on older adults’ quality of life, including how to utilize community resources to assist older adults to manage transportation needs.
• Evaluate the impact of a rural geriatric assessment clinic from the perspectives of the patient/caregiver and the healthcare team.
• Utilize the appropriate evidence-based tools presented during this conference for the patient problems described above.
REGISTRATION INFORMATION
The registration fee to attend this conference is:

<table>
<thead>
<tr>
<th></th>
<th>On or before May 27, 2010</th>
<th>After May 27, 2010</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>DAY ONE ONLY</td>
<td>DAY TWO ONLY</td>
</tr>
<tr>
<td>Physicians, Nurse Practitioners, Pharmacists, Physician Assistants, Psychologists, and Counselors</td>
<td>$120</td>
<td>$120</td>
</tr>
<tr>
<td>Nurses, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, and Social Workers</td>
<td>$90</td>
<td>$90</td>
</tr>
<tr>
<td>Students/Residents*</td>
<td>FREE</td>
<td>FREE</td>
</tr>
</tbody>
</table>

*There is no registration fee for students/residents with verification of full-time status from supervisor.

Space is limited - early registration is recommended.

The registration fee includes the educational conference, handout materials, continental breakfasts, lunches, and refreshment breaks. All registrations must be accompanied by full payment in order to secure your registration.

Registration Deadline: June 10, 2010

Walk-in registrations will be accepted based on space availability. Conference materials/food cannot be guaranteed for walk-in registrants.

CANCELLATION POLICY
Full refunds may be obtained if a written request is received by Thursday, June 10, 2010. A $25 processing fee will be retained for cancellations after this date. No refunds will be issued once the conference begins.

ADA
In compliance with the Americans with Disabilities Act, the UNMC Center for Continuing Education does not discriminate on the basis of disability. The Center shall provide reasonable accommodation, including auxiliary aids and services, to ensure equal access to its programs, services, and activities. If you would like an auxiliary aid or service, please call (402) 559-6235 by June 10, 2010 with your request.

FOR ADDITIONAL CONFERENCE AND HOTEL INFORMATION
Contact Joan Husted at (402) 559-6235 or email jhusted@unmc.edu. Or, visit unmc.edu/cce.

This conference meets the criteria for one of the requirements of the mini-fellowship offered through the Nebraska Geriatric Education Center (NEBGEC). Funding for the mini-fellowship and its activities was made possible by the Health Resources and Services Administration (HRSA). If you would like more information on the NEBGEC Mini-fellowship or any of the learning activities available through the Nebraska Geriatric Education Center, please contact Lisa Bottsford, MPH, program coordinator, at (402) 559-8421 or by email at gec@unmc.edu. Visit unmc.edu/nebgec.
AGENDA
All lectures are Central Time

DAY ONE: Thursday, June 24, 2010

MODERATOR: Claudia M. Chaperon, PhD, APRN, BC-GNP
Assistant Professor, College of Nursing, UNMC

8:00-8:30 Registration/Continental Breakfast
8:30-8:45 Introduction and Overview
8:45-9:45 Got Time for a Story? A Narrative Approach to Health Care
(0447-0000-10-027-L04-P)
William L. Lyons, MD
Associate Professor, Section of Geriatrics, Department of Internal Medicine, UNMC

9:45-10:45 The Depression Spectrum in Old Age
(0447-0000-10-020-L01-P)
Bill Roccaforte, MD
Associate Professor, Department of Psychiatry, UNMC

10:45-11:00 Break

11:00-12:00 Nonpharmacologic Treatment of Depression
(0447-0000-10-021-L04-P)
Michael J. Rice, PhD, APRN-NP
Professor, Psychiatric Nursing, College of Nursing, UNMC

12:00-1:00 Lunch

1:00-2:00 Pharmacologic Treatment of Depression
(0447-0000-10-022-L01-P)
Linda M. Farho, PharmD, BCPS
Assistant Professor, Pharmacy Practice, College of Pharmacy, UNMC

2:00-3:00 Depression and Co-morbidities: Common Diseases and Conditions Affected by Depression
(0447-0000-10-028-L01-P)
Thomas M. Magnuson, MD
Assistant Professor, Department of Psychiatry, UNMC

3:00-3:15 Break

3:15-4:15 Complications of Depression in the Elderly
(0447-0000-10-029-L01-P)
Thomas M. Magnuson, MD
Assistant Professor, Department of Psychiatry, UNMC

4:15-4:30 Evaluation/Adjourn
(Pharmacists are required to complete an evaluation form)

4:30-5:00 Active Learning Assessment
(Pharmacists are required to participate in order to receive ACPE credit)
DAY TWO: Friday, June 25, 2010

MODERATOR: Edward V. Vandenberg, MD, CMD
Associate Professor, Section of Geriatrics, Department of Internal Medicine, UNMC

8:00-8:30 Registration/Continental Breakfast

8:30-8:45 Introduction and Overview

8:45-9:45 Gout in the Elderly: Updates on an Ancient Disease
(0447-0000-10-030-L01-P)
Ted R. Mikuls, MD
Associate Professor, Section of Rheumatology, Department of Internal Medicine, UNMC

9:45-10:45 Musculoskeletal Problems and Solutions for Rheumatic Disease
(0447-0000-10-023-L04-P)
Laura D. Bilek, PT, PhD
Associate Professor, Physical Therapy Education, School of Allied Health Professions, UNMC

10:45-11:00 Break

11:00-12:00 Pender GAC Evaluation Results
(0447-0000-10-024-L04-P)
Katherine J. Jones, PT, PhD
Assistant Professor, Physical Therapy Education, School of Allied Health Professions, UNMC

12:00-1:00 Lunch

1:00-2:00 Evaluation of the Elderly Driver
(0447-0000-10-025-L04-P)
Jennifer Spegel, MAOT, OTR/L
Immanuel Rehabilitation Center, Omaha, NE

2:00-2:15 Break

2:15-3:15 The Challenges of Driving Cessation
(0447-0000-10-026-L04-P)
Bill Roccaforte, MD
Associate Professor, Department of Psychiatry, UNMC

3:15-4:15 Support Systems and Alternatives for Elderly Transportation
(0447-0000-10-031-L04-P)
Mark Intermill
Nebraska Advocacy Director, AARP, Lincoln, NE
William Morrison
Chief Operating Officer, Easter Seals Nebraska; Director, Nebraska Mobility Project, Omaha, NE

4:15-4:30 Evaluation/Adjourn
(Pharmacists are required to complete an evaluation form)

4:30-5:00 Active Learning Assessment
(Pharmacists are required to participate in order to receive ACPE credit)
CONFERENCE DIRECTOR
Jane F. Potter, MD
Harris Professor of Geriatric Medicine, Chief, Section of Geriatrics, Department of Internal Medicine, UNMC

Edward V. Vandenberg, MD, CMD
Associate Professor, Section of Geriatrics, Department of Internal Medicine, UNMC

Patricia A. Hageman, PT, PhD
Professor, Physical Therapy Education, UNMC

PLANNING COMMITTEE MEMBERS
Lisa L. Anzai, RN, MA
Katherine J. Jones, PT, PhD
Lisa A. Bottsford, MPH
Nancy Kelley-Gillespie, PhD
Linda M. Farho, PharmD, BCPS
Dennis P. McNeilly, PsyD
Patricia A. Hageman, PT, PhD
Jane F. Potter, MD
Joan A. Husted, HRM, CMP
Edward V. Vandenberg, MD, CMD

CREDITS
The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this educational activity for a maximum of 12.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity is provided for 12.50 contact hours under ANCC criteria. Provided for 15.0 contact hours under Iowa Provider #78. Provider approved by the California Board of Registered Nursing, Provider #13699 for 15.0 contact hours.

This activity has been reviewed and is acceptable for up to 12.5 Prescribed credits by the American Academy of Family Physicians.

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The ACPE activity numbers for June 24-25, 2010 are posted next to each CE session. Participants will be awarded 6.75 contact hours of continuing education for completion of all sessions on June 24, 2010 and 6.75 contact hours of continuing education for completion of all sessions on June 25, 2010.

In order to receive CE credit, participants must complete all activity evaluation forms. No partial daily credit will be awarded. Statements of Credit will be distributed to participants at the end of the conference. If you do not receive your Statement of Credit, contact the UNMC Center for Continuing Education at (402) 559-5929.

For Omaha, NE attendees, this course has been approved for 1.2 Continuing Education Units (corresponding to 12.0 contact hours) by the Continuing Education Committee of the Nebraska Chapter American Physical Therapy Association.

For Alliance, Grand Island, Holdrege, Kearney, Lincoln, Norfolk, North Platte, and Pender, NE attendees, this course has been approved for 1.2 Continuing Education Units delivered by satellite transmission from Omaha, NE (corresponding to 12.0 contact hours) by the Continuing Education Committee of the Nebraska Chapter American Physical Therapy Association.

This program meets the criteria of an approved continuing education program for social work.

This program meets the criteria of an approved program for licensed mental health providers.
**PERSONAL INFORMATION**

<table>
<thead>
<tr>
<th>Name</th>
<th>SSN (last 4 digits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Degree Specialty</td>
<td></td>
</tr>
<tr>
<td>Mailing Address</td>
<td>□ Home □ Office</td>
</tr>
<tr>
<td>City, State, ZIP</td>
<td></td>
</tr>
<tr>
<td>Telephone (including area code)</td>
<td>Fax Number (including area code)</td>
</tr>
<tr>
<td>Email Address</td>
<td></td>
</tr>
<tr>
<td>Nursing License Number</td>
<td>State Issued</td>
</tr>
</tbody>
</table>

**FEES**

<table>
<thead>
<tr>
<th></th>
<th>On or before May 27, 2010</th>
<th>After May 27, 2010</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>DAY ONE ONLY</td>
<td>DAY TWO ONLY</td>
</tr>
<tr>
<td>Physicians, Nurse Practitioners, Pharmacists, Physician Assistants, Psychologists, and Counselors</td>
<td>$120</td>
<td>$120</td>
</tr>
<tr>
<td>Nurses, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, and Social Workers</td>
<td>$90</td>
<td>$90</td>
</tr>
<tr>
<td>Students/Residents (Status verification required)</td>
<td>FREE</td>
<td>FREE</td>
</tr>
</tbody>
</table>

I would like to attend  □ Day One Only  □ Day Two Only  □ Both Days

**LOCATION**

□ Alliance  □ Grand Island  □ Holdrege  □ Kearney  □ Lincoln  □ Norfolk  □ North Platte  □ Omaha  □ Pender

**PAYMENT**

□ Check or money order enclosed  (Made payable to UNMC CCE)

□ Charge to my  
  □ American Express  □ MasterCard  □ Visa

Card Number

Expiration Date

Three Digit Verification Code

Cardholder’s Name

Signature

Registration Deadline: June 10, 2010

REGISTER ONLINE

www.unmc.edu/cce

MAIL TO

UNMC Center for Continuing Education, 986800 Nebraska Medical Center, Omaha, NE 68198-6800
Join us on June 24-25, 2010

Critical Issues in Geriatrics
The Annual NEBGEC Updates Conference

Durham Research Center Auditorium • University of Nebraska Medical Center
550 South 45th Street • Omaha, Nebraska

Nebraska Telehealth Network Locations

Alliance
Box Butte General Hospital
Alliance Conference Room
2101 Box Butte Ave

Grand Island
CN-AHEC at College Park
Conference Room
3180 West Highway 34

Holdrege
Pilch Memorial Health Center
Lower Level Conference Room
1215 Tibbals St

Kearney
Good Samaritan Hospital
Conference Room A
10 East 31st St

Lincoln
VA Nebraska-Western Iowa Health Care System
Auditorium
600 South 70th St

Norfolk
Faith Regional Health Services
Prairie Room - East Campus
1500 Koenigstein Ave

North Platte
Great Plains Regional Medical Center
Dakota Room
601 West Leota St

Pender
Pender Community Hospital
Hospital Conference Room
603 Earl St

To Register
Center for Continuing Education
986800 Nebraska Medical Center
Omaha, NE 68198-6800
unmc.edu/cce
(402) 559-5929 or (877) 832-6924
conted@unmc.edu

(402) 559-5915