A simple guide to the correct steps for PUTTING ON and TAKING OFF your Hospital Infection Control Personal Protective Equipment, as recommended by the Centers for Disease Control.

**DONNING YOUR PPE**

1. **HAND HYGIENE**
2. **GOWN**
3. **RESPIRATORY PROTECTION**
4. **GLOVES**
5. **EYE PROTECTION**

**DOFFING YOUR PPE**

1. **GLOVES**
2. **EYE PROTECTION**
3. **GOWN**
4. **RESPIRATORY PROTECTION**
5. **HAND HYGIENE**