Coming home from a military deployment is supposed to be a time of celebration for all, but this is not always the case. Things have changed. At home, others learned to adapt to the service member’s absence. For the service member, survival in a war zone required acquiring a set of skills that may not be needed upon returning home. Life is never quite the same after experiencing the stress of combat and deployment. Each service member responds uniquely to the experience he or she endured.

CONFERENCE OBJECTIVES

Upon completion of this conference, the participant should be able to:

- Recognize the impact of deployment on service members and families and review available treatment options.
- List common psychiatric symptoms and treatment related to deployment.
- Demonstrate the prevalence of post-traumatic stress syndrome and outline treatment strategies.

AGENDA

NOTE: All lectures are Central Standard Time

8:30 am  Registration and Continental Breakfast
9:00 am  Welcome
  Ahsan A. Naseem, MD
9:15 am  Affirming the Commitment to Our Returning Combat Veterans
  Albert B. Washko
9:30 am  Address by the Adjutant General, Nebraska National Guard
  Roger P. Lempke
9:45 am  Understanding the Challenge of Service Members’ Readjustment: Post-Traumatic Stress Disorder and Associated Problems
  Christopher J. Heaney, PsyD
10:45 am  Subsyndromal Mental Health Issues in Returning Veterans: Recognition and Management
  Praveen V. Fernandes, MD
11:45 am  Lunch
12:45 pm  Alcohol and Drug Use Disorders: What to Look for in Our Patients
  S. Pirzada Sattar, MD
1:45 pm  Impact of Deployment on Service Members and Families
  Ahmed A. Naseem, MD
2:45 pm  Wrap-Up/Evaluation
3:00 pm  Adjourn

The conference, After Our War - Mental Health Challenges: Returning from a War Zone, is not an express or implied endorsement of any business, person, service or product.
CONFERENCE DIRECTOR
Ahsan A. Naseem, MD
Assistant Chief, Mental Health and Behavioral Services - Lincoln Division
Director, Post-Traumatic Stress Disorder Clinic
Veterans Administration Medical Center
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Albert B. Wasnko
Director, Nebraska Western Iowa Healthcare System
Department of Veterans Affairs
Omaha, Nebraska

HOST SITE
University of Nebraska Medical Center
Eppley Science Hall Amphitheater
Omaha, Nebraska

NEBRASKA TELEHEALTH
NETWORK LOCATIONS
In collaboration with the Nebraska Area Health Education Centers (AHEC), the conference will be broadcast via Telehealth Network to the following sites:

- Chadron
- Grand Island
- Hastings
- Kearney
- Lincoln
- Norfolk
- North Platte
- Scottsbluff
- Wayne
- Wyoming

TARGET AUDIENCE
Physicians (Family Medicine, Internal Medicine, Psychiatry, Pediatrics,
Emergency Medicine, Acute Care and Urgent Care)

- Psychiatrists
- Nurse Practitioners
- Nurses
- Emergency Medical Personnel
- Social Workers
- Psychologists
- Chaplains

REGISTRATION
The fee to attend this educational conference is $50 which includes the educational program, handout materials, continental breakfast, lunch, and continuing education credit. All registrations must be accompanied by full payment in order to secure the registration. Registration Deadline: March 1, 2007.

CANCELLATION POLICY
A full refund will be given if written cancellation is received on or before March 1, 2007. No refund will be given after this date.

CREDIT
The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this educational activity for a maximum of 4.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This activity is provided for 4.25 contact hours under ANCC criteria. Provided for 5.1 contact hours under Iowa Provider #78. Provider approved by the California Board of Registered Nursing, Provider #13699 for 5.1 contact hours.

This program meets the criteria of an approved continuing education program for social work.

This program meets the criteria for an approved program of licensed mental health providers.

PARKING
Complimentary parking for campus visitors is available on any level of Lot 5 located on the northeast corner of 42nd and Dewey Avenue. UNMC and The Nebraska Medical Center employees should utilize their regularly assigned parking space.

ADA
In compliance with the Americans with Disabilities Act, the UNMC Center for Continuing Education does not discriminate on the basis of disability. The Center shall provide reasonable accommodation, including auxiliary aids and services, to ensure equal access to its programs, services, and activities. If you would like an auxiliary aid or service, please call (402) 559-4152 with your request.

FOR MORE INFORMATION
Contact Joan Husted at (402) 559-6235 or email jhusted@unmc.edu.

We gratefully acknowledge the following for their support of this conference:
AstraZeneca LP • Department of Psychiatry, UNMC • Department of Public Affairs, UNMC

REGISTRATION FORM

Thursday, March 8, 2007
University of Nebraska Medical Center

Name

Degree

□ MD □ PhD □ PA □ NP □ Other

Specialty

Institution

SSN (last 4 digits)

Email Address

Address

□ Work □ Home

City

State

ZIP

Telephone

Fax

Please indicate at which location you would like to attend the conference:

Host Site

□ Omaha - University of Nebraska Medical Center

Nebraska Telehealth Network Location

□ Chadron

□ Grand Island

□ Hastings

□ Kearney

□ North Platte

□ North Platte

□ Scottsbluff

□ Wayne

□ Lincoln

□ O'Neill

□ Scottsbluff

PAYMENT

Registration Fee: $50

□ Check or money order made payable to the UNMC Center for Continuing Education

□ Credit Card: □ American Express □ MasterCard □ Visa

Card Number

Expiration Date

Cardholder’s Name

Signature

Mail or fax the completed registration form to:
Center for Continuing Education
906800 Nebraska Medical Center
Omaha, NE 68198-6800

Telephone: (402) 559-5959

Fax: (402) 559-5915

Toll Free: (877) 832-4604

Email: conted@unmc.edu

Website: www.unmc.edu/conted

Website: unmc.edu/coned

*Available from 9:00 a.m. to 3:00 p.m. CST

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