Challenges and Innovations in Mental Health for the College Student

Symposium Description
This symposium is designed to relay the latest information on the mental health challenges and psychiatric issues encountered in the college setting. The issues impacting the success of college students and the importance of colleges addressing them have never been greater. This symposium will provide an avenue to learn about high-profile issues and skills to address them. The symposium will also offer professionals an opportunity to discuss issues with others invested in college student mental health.

Learning Objectives
At the conclusion of this symposium, the participant should be able to:
• Identify the steps in assessing a potentially violent college student
• Describe issues affecting the educational success of the college student
• Describe assessments and interventions useful for institutions and individuals working with the college student population

Agenda
7:30 am  Registration/Continental Breakfast
8:00 am  Welcome/Introductions
8:15 am  Sleep Problems in the College Student
          Martin Wetzel, MD
9:15 am  Alcohol Misuse and Binge Drinking
          Todd Stull, MD
10:15 am Break
10:30 am  The Potential for Violence: Assessment and Interventions
          Kirk Luder, MD
12:00 pm Lunch
1:00 pm  Breakout Session One
2:30 pm  Transitional Break
2:45 pm  Breakout Session Two
4:15 pm  Evaluation
4:30 pm  Adjourn

Breakout Session One:
• Mood and Anxiety Disorders and Drug Therapy
  Sharon Hammer, MD/LeAnn Amadorfer, MSW, MD
• Prescription Drug Abuse
  Todd Stull, MD/Martin Wetzel, MD
• Sexuality: Risky Behavior
  All Brown, PhD/James Sonnen, MD

Breakout Session Two:
• Personality Disorders in the College Setting
  Amy Bodura Brook, PhD
• Counseling the GLBT (Gay, Lesbian, Bisexual, Transgender/Transsexual) Student
  Kirk Luder, MD
• Mental Health Concerns of Returning Military and Other Non-traditional Students
  Robert Portnoy, PhD
Challenges and Innovations in Mental Health for the College Student

Symposium Faculty
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Target Audience
Physicians, nurse practitioners, physician assistants, mental health professionals, social workers, college student services personnel, and counselors.

Registration
$99 - Registration Fee
$59 - Student Registration Fee*

*Letter from supervisor verifying student status must be mailed or faxed with the registration form. Online registration for students is not available.

The registration fee includes continental breakfast, lunch, breaks, handout materials and continuing education credit. Full payment must accompany all registrations.

Walk-in registrations will be accepted based on space availability. Symposium handout materials and food cannot be guaranteed for walk-in registrants.

Registration deadline: October 31, 2008

Credit
The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this educational activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been reviewed and is acceptable for up to 6.50 Prescribed credits by the American Academy of Family Physicians.

This program meets the criteria of an approved continuing education program for social work.

This program meets the criteria of an approved program for licensed mental health providers.

Cancellation
A full refund may be obtained if a written request is received by October 31, 2008. A $25 processing fee will be retained for cancellations after this date. No refund will be issued once the symposium begins.

ADA
In compliance with the Americans with Disabilities Act, the UNMC Center for Continuing Education does not discriminate on the basis of disability. The Center shall provide reasonable accommodation, including auxiliary aids and services, to ensure equal access to its programs, services, and activities. If you would like an auxiliary aid or service, please call (402) 559-4152 by October 31, 2008 with your request.

Parking
Courtesy parking is available in the parking lot south of the Scott Conference Center.

For More Information
Contact Joan Husted in the Center for Continuing Education at (402) 559-6235 or email jhusted@unmc.edu.

Registration Deadline: October 31, 2008

We gratefully acknowledge Pfizer for their support of this symposium.