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CENTER FOR CONTINUING EDUCATION  
986800 Nebraska Medical Center  
Omaha, NE 68198-6800

CIK 9841

*Challenges and Innovations  
in Mental Health  
for the College Student*

Friday, November 7, 2008  
Scott Conference Center  
6450 Pine Street  
Omaha, Nebraska

**REGISTER NOW!**

UNIVERSITY OF  
**Nebraska**  
Medical Center

DEPARTMENT OF PSYCHIATRY



## *Challenges and Innovations in Mental Health for the College Student*



**Friday, November 7, 2008**  
**Scott Conference Center**  
6450 Pine Street  
Omaha, Nebraska

## *Challenges and Innovations in Mental Health for the College Student*

### **Symposium Description**

This symposium is designed to relay the latest information on the mental health challenges and psychiatric issues encountered in the college setting. The issues impacting the success of college students and the importance of colleges addressing them have never been greater. This symposium will provide an avenue to learn about high-profile issues and skills to address them. The symposium will also offer professionals an opportunity to discuss issues with others invested in college student mental health.

### **Learning Objectives**

At the conclusion of this symposium, the participant should be able to:

- Identify the steps in assessing a potentially violent college student
- Describe issues affecting the educational success of the college student
- Describe assessments and interventions useful for institutions and individuals working with the college student population

### **Agenda**

7:30 am	<b>Registration/Continental Breakfast</b>
8:00 am	<b>Welcome/Introductions</b>
8:15 am	<b>Sleep Problems in the College Student</b> <i>Martin Wetzel, MD</i>
9:15 am	<b>Alcohol Misuse and Binge Drinking</b> <i>Todd Stull, MD</i>
10:15 am	<b>Break</b>
10:30 am	<b>The Potential for Violence: Assessment and Interventions</b> <i>Kirk Luder, MD</i>
12:00 pm	<b>Lunch</b>
1:00 pm	<b>BREAKOUT SESSION ONE</b>
2:30 pm	<b>Transitional Break</b>
2:45 pm	<b>BREAKOUT SESSION TWO</b>
4:15 pm	<b>Evaluation</b>
4:30 pm	<b>Adjourn</b>

### **BREAKOUT SESSION ONE:**

- **Mood and Anxiety Disorders and Drug Therapy**  
*Sharon Hammer, MD/Laura Arndorfer, MSW, MD*
- **Prescription Drug Abuse**  
*Todd Stull, MD/Martin Wetzel, MD*
- **Sexuality: Risky Behavior**  
*Jill Brown, PhD/James Sorrell, MD*

### **BREAKOUT SESSION TWO:**

- **Personality Disorders in the College Setting**  
*Amy Badura Brack, PhD*
- **Counseling the GLBT (Gay, Lesbian, Bisexual, Transgender/Transsexual) Student**  
*Kirk Luder, MD*
- **Mental Health Concerns of Returning Military and Other Non-traditional Students**  
*Robert Portnoy, PhD*

*This symposium is sponsored by the UNMC Department of Psychiatry.*

## Challenges and Innovations in Mental Health for the College Student

### Challenges and Innovations in Mental Health for the College Student

Friday, November 7, 2008  
Scott Conference Center

#### Symposium Director

##### James Sorrell, MD

Assistant Dean for Student Affairs  
Associate Professor, Department of Psychiatry  
University of Nebraska Medical Center  
Omaha, Nebraska

#### Symposium Faculty

##### Laura Arndorfer, MSW, MD

Resident Psychiatrist, Department of Psychiatry  
University of Nebraska Medical Center  
Omaha, Nebraska

##### Amy Badura Brack, PhD

Associate Professor, Department of Psychology  
Creighton University  
Omaha, Nebraska

##### Jill Brown, PhD

Assistant Professor, Department of Psychology  
Creighton University  
Omaha, Nebraska

##### Sharon Hammer, MD

Assistant Professor, Department of Psychiatry  
University of Nebraska Medical Center  
Omaha, Nebraska

##### Kirk Luder, MD

Consulting Psychiatrist, Student Health/Counseling  
Services  
Washington and Lee University  
Lexington, Virginia

##### Robert Portnoy, PhD

Director, Counseling and Psychological Services  
Professor  
University of Nebraska-Lincoln  
Lincoln, Nebraska

##### James Sorrell, MD

##### Todd Stull, MD

Assistant Professor, Department of Psychiatry  
University of Nebraska Medical Center  
Omaha, Nebraska

##### Martin Wetzel, MD

Assistant Professor, Department of Psychiatry  
University of Nebraska Medical Center  
Omaha, Nebraska

#### Location

Scott Conference Center  
6450 Pine Street  
Omaha, Nebraska

#### Target Audience

Physicians, nurse practitioners, physician assistants,  
mental health professionals, social workers, college  
student services personnel, and counselors.

#### Registration

\$99 - Registration Fee

\$59 - Student Registration Fee\*

\*Letter from supervisor verifying student status must be mailed or faxed with the registration form. Online registration for students is not available.

The registration fee includes continental breakfast, lunch,  
breaks, handout materials and continuing education credit.

Full payment must accompany all registrations.

Walk-in registrations will be accepted based on space  
availability. Symposium handout materials and food  
cannot be guaranteed for walk-in registrants.

**Registration deadline: October 31, 2008**

#### Cancellation

A full refund may be obtained if a written request is  
received by October 31, 2008. A \$25 processing fee will  
be retained for cancellations after this date. No refund will  
be issued once the symposium begins.

#### ADA

In compliance with the Americans with Disabilities Act,  
the UNMC Center for Continuing Education does not  
discriminate on the basis of disability. The Center shall  
provide reasonable accommodation, including auxiliary  
aids and services, to ensure equal access to its programs,  
services, and activities. If you would like an auxiliary aid  
or service, please call (402) 559-4152 by October 31, 2008  
with your request.

#### Parking

Courtesy parking is available in the parking lot south of  
the Scott Conference Center.

#### For More Information

Contact Joan Husted in the Center for Continuing  
Education at (402) 559-6235 or email [jhusted@unmc.edu](mailto:jhusted@unmc.edu).

#### Credit

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this educational activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been reviewed and is acceptable for up to 6.50 Prescribed credits by the American Academy of Family Physicians.

This program meets the criteria of an approved continuing education program for social work.

This program meets the criteria of an approved program for licensed mental health providers.

#### MAIL TO:

UNMC Center for Continuing Education  
986800 Nebraska Medical Center  
Omaha, NE 68198-6800

Online: [unmc.edu/cce](http://unmc.edu/cce)  
Telephone: (402) 559-5929\*  
Fax: (402) 559-5915

\*Available M-F 9 am to 3 pm CST

Name
Last 4 digits of SSN
Degree or Profession
Address
City/State/ZIP
Office Phone
Fax
Email Address

#### BREAKOUT SESSIONS

##### Session 1

- Mood and Anxiety Disorders and Drug Therapy
- Prescription Drug Abuse
- Sexuality: Risky Behavior

##### Session 2

- Personality Disorders in the College Setting
- Counseling the GLBT (Gay, Lesbian, Bisexual, Transgender/Transsexual) Student
- Mental Health Concerns of Returning Military and Other Non-traditional Students

#### REGISTRATION

- \$99
- \$59 (Please attach letter from supervisor verifying student status)

#### PAYMENT

- Check (Made payable to UNMC Center for Continuing Education)
- Credit Card

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