

# Courage Monthly Culture Conversation

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University of Nebraska  
Medical Center



Nebraska  
Medicine

# Courage Conversation

***Make the tough decision. Have no fear of failure in the pursuit of excellence. Admit mistakes and learn from them.***

**Assume Positive Intent**  
A reminder that other people are also trying to get a positive result

**Speak Up with CUS**  
Raising concerns in an effective manner no matter the situation

**Inclusive Integrity**  
Outward and unapologetic demonstration of a commitment to equity



# Courage In Action!

Let's practice using our Be Extraordinary Together, Zero Harm, & DEI concepts:



I never realized they had feelings.

Drawing by W. Miller, ©1989 The New Yorker Magazine, Inc.

## *Practicing Courage*

- ❑ Use “I’m concerned...” when discussing worries about a project or incident
- ❑ Stop processes when you hear the above words and discuss
- ❑ Before jumping conclusions, ask, “Am I telling myself a story?” or “What do I know for sure?”

## *Additional Discussion Question:*

- ❑ Where/when do we find ourselves telling stories about others? How does this awareness help us work more effectively as a team, and/or across departments?

