

Accountability Monthly Culture Conversation

February 2022

University of Nebraska
Medical Center



Nebraska
Medicine

Accountability Reflection



Accountability Ladder

Where do you tend to find yourself on the ladder at work?



Self-check with STAR

Share a time when you paused prior to an action or task? What was the positive result of that pause?



Cultural Humility

How has recognizing your own blind spots helped you stay curious and assume positive intent over the past month?

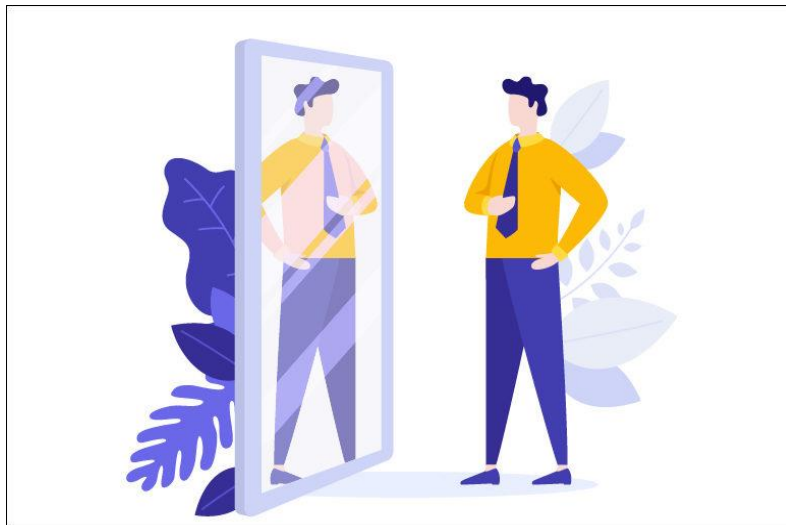
Last month, we began our discussion on **Accountability**. Let's take a moment to reflect on how the three concepts helped us be even more accountable.



Accountability in Action!

How can I continue to support Accountability?

What behaviors or tactics do I want to continue, start, or stop doing with the Accountability Ladder, Self-check with STAR, and Cultural Humility?



Simple Reflections to Boost Accountability

Recognizing everyday wins can boost us up the Mood Elevator and Accountability Ladder. Use these questions to close out your day:

- What events stood out today and how did it affect me? Where am I at on the Mood Elevator?
- What progress did I make today, and how did that affect me on the Mood Elevator and Accountability Ladder?
- Did I affect my colleagues' lives in a positive way today? How might I do so again tomorrow?