



UNIVERSITY OF NEBRASKA MEDICAL CENTER<sup>SM</sup>

# COLLEGE OF PUBLIC HEALTH

The US is looking at 150,000 additional preventable deaths, even with current vaccination plans. It doesn't have to be this way.

## COVID-19 Pandemic Exit Strategy

### 1 Adopt a Mitigation Strategy

Health leaders and public servants must adopt a strategy to contain the virus based on the best science and more data. Despite record numbers in the United States, we actually have less going on nationally in the way of mitigation - at the very least, we need to implement a mask mandate.

### 2 Implement Prevention and Control Measures

Testing, contact tracing, isolation, and quarantine should be a priority. These are the primary public health tools available to get this disease under control. Hiring more tracers, using electronic tracing apps, and providing a stipend to those in isolation and quarantine would make prevention easier.

### 3 Close Non-Essential Locations

Bars, restaurants, gyms, and places of worship should close unless communities meet the thresholds recommended by local public health departments. Municipalities would have to do this for about three to four weeks, and then cases would dramatically decline.

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This message brought to you by the Omaha Entertainment & Arts Awards.  
The nonprofit arts organization is developing a public health  
theme for our upcoming 15th Annual Awards Show.

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