

24th Annual *Omaha Women's* Health and Wellness Conference

Presenters



Kayla Thomas serves as Sr. Media Relations Coordinator for Nebraska Medicine, collaborating on stories with reporters, managing social media and producing videos and articles for the health system. Prior to joining the Nebraska Medicine team, she was the Executive Producer of the Morning Blend, a local daily community talk show which ran on KMTV for eight years. Born and raised in Omaha, Kayla is a graduate of Mercy High School and Loyola University Chicago. She loves her hometown and serves on the board of the Douglas County Historical Society. Kayla is the mom of two boys and one ball python and loves running, baseball and searching for the perfect plate of nachos.

Lauren Edwards, MD, an assistant professor in the Department of Psychiatry at the University of Nebraska Medical Center and an attending psychiatrist at the Nebraska Medicine Psychiatry Clinic. She completed her Doctor of Medicine from the University of Nebraska Medical Center followed by a residency in adult psychiatry at the University of Michigan Health System. Dr. Edwards is board certified in adult psychiatry. Dr. Edwards treats all mental health concerns but specializes in anxiety and stress-related disorders.



Nicole Goliber, PA-C, is a physician assistant at the Eagle Run Health Center. She completed her Master of Physician Assistant Studies at the University of Nebraska Medical Center. Goliber manages and treats both acute and chronic health conditions, provides patient education on preventive medicine and promotes overall health and wellness, and performs minor procedures such as biopsies, suture placement/removal, and wound debridement.

Jennifer Griffin, MD, MPH, is an associate professor in the Department of Obstetrics and Gynecology at the University of Nebraska Medical Center. Dr. Griffin is the division director for General Obstetrics and Gynecology and associate director of the OB-GYN residency program at UNMC, and the medical director for the Olson Center for Women's Health clinic. Dr. Griffin achieved her Doctor of Medicine from the University of Nebraska Medical Center. She completed her residency in OB-GYN at UNMC, followed by a fellowship in breast diseases from the the University of Michigan Medical Center while simultaneously completing a Master in Public Health in health management and policy. Dr. Griffin is board certified in obstetrics and gynecology. She specializes in breast health care and educates patients on what they will experience during menopause.



Emily Hill, MSN, APRN, FNP-BC, is a board-certified family nurse practitioner at Eagle Run Health Center. She completed both her Bachelor of Science in nursing, and Master of Science in nursing, with a specialization in family practice, from the University of Nebraska Medical Center College of Nursing. Hill has more than 13 years of experience in family practice which includes pediatric, adolescent and women's health. She works with patients to create treatment plans for acute and chronic conditions for all stages of life.

Kathryn Hutchins, MD, is an assistant professor in the Department of Internal Medicine, Division of Gastroenterology and Hepatology at the University of Nebraska Medical Center. She completed her Doctor of Medicine from the University of Nebraska Medical Center, followed by her residency in internal medicine and her fellowship in gastroenterology, both from the University of Nebraska Medical Center. Dr. Hutchins has interests in women's health, inflammatory bowel disease and education of medical students, residents and fellows.



Emaan Lehardy, PhD, is a clinical psychologist in the Nebraska Medicine Psychology Department. Dr. Lehardy completed her Doctorate in Counseling Psychology from the University of Miami. She completed her pre-doctoral internship in the Nebraska Medicine Psychology Department. Dr. Lehardy specializes in cognitive-behavioral therapy for anxiety and insomnia in adults, as well as acceptance-based cognitive-behavioral therapy and self-compassion for adults living with cancer and chronic pain.

Jasmine Riviere Marcelin, MD, is an assistant professor in the Department of Internal Medicine, Division of Infectious Diseases at the University of Nebraska Medical Center. Dr. Marcelin is the associate medical director of the Antimicrobial Stewardship Program at Bellevue Medical Center and the associate program director of the Internal Medicine Residency Program. She completed Doctor in Medicine from the American University at Antigua College of Medicine, St. John's Antigua and Barbuda. She completed her residency in internal medicine, and fellowship in infectious diseases from the Mayo Clinic College of Medicine. Dr. Marcelin is board certified in both internal medicine and infectious diseases.



Havalynn Russell is a peer-support worker in the Adult Psychiatry Emergency Services Unit. Russell offers one-on-one support and hope to patients entering the Nebraska Medicine Adult Psychiatry Services Unit.

Kimberly Vacek, PhD, is a licensed clinical psychologist and behavior health consultant for the patient-centered medical home at the Family Medicine Clinic at Bellevue Health Center. Dr. Vacek completed her Doctorate in Counseling Psychology from Loyola University in Chicago. She provides behavioral health consultation services for individual and family members being treated by primary care physicians, primarily involving assessment and brief interventions. before her work with the Family Medicine Clinic at Bellevue Health Center, Dr. Vacek provided psychotherapy for the Nebraska Medicine Chronic Pain Management Program.

