

1 in 7 women
get postpartum
depression (PPD)

yet

only
15%
receive professional
help

500-750k
untreated PPD
moms each year



WITHOUT TREATMENT



Mothers are more likely to have impaired bonding with their babies



Toddlers are more likely to have cognitive & developmental delays



Older children show poorer self-control & more aggression



Teens are more likely to have problems with substance abuse

75%

of users say Postpartum Progress increased their willingness to seek treatment for PPD!

Postpartum Progress is a national, peer-to-peer nonprofit organization that raises awareness of maternal mental illness and provides tools that connect moms to treatment. Visit postpartumprogress.org to learn more.