UNMC COP’s Presence at AACP Annual Meeting

The American Association of Colleges of Pharmacy (AACP) is an advocate for pharmacy education. The 2009 Annual meeting had a record setting attendance of over 1,800 members. It was an especially exciting time for UNMC COP as Jeffrey Baldwin, Pharm.D., Professor of Pharmacy Practice, became the new AACP president. His presidential theme “20/20 Vision: Expanding Pharmacy’s Educational Horizons.” One of his key initiatives is faculty recruitment, retention, and assessment services.

“We are confident that Dr. Baldwin has the vision to provide exceptional leadership as the AACP President.”

We would like to recognize the following UNMC faculty for their abstract presentations at the AACP Annual Meeting:

Keith M. Olsen, Paul P. Dobesh, Patricia Carstens, Donald G. Klepser, Dean S. Collier
Use of an Advanced Patient Simulator to Reinforce Instruction of Cardiovascular Emergencies.

Jayashri Sankaranarayanan, Jeffrey N. Baldwin, Keith M. Olsen
Student Learning Outcomes From a Medicare Part D Case Based Web-interactive Engagement Activity.

In collaboration with Creighton University the following abstract was presented:

Emily Sexson, Creighton University, Kristen M. Cook, UNMC
Pharmacy Residents’ Perceptions of a Teaching Certificate Program.
Dear Colleagues and friends,

It is with profound admiration that I acknowledge the impact you have on our students as preceptors. As preceptors you play a critical role in shaping the character, discipline and vision of our future pharmacists. It represents an investment, one that you may not see the impact until years to come. It is our sincere hope that you know the return on your investment is priceless. Your commitment to integrity, service and leadership inspire our students to excellence.

I would like to share an excerpt of a paper written by one of our students that further illustrates how your leadership is contagious and influence the attitudes, values, and aspirations of the students.

By a UNMC student:

“My co-pay is WHAT? I refuse to pay that much! If I don’t get this medication, I will die! It will be all your fault! You’re supposed to be a pharmacist? You’re supposed to help people! This is ridiculous…”

I watched as this patient continued to express her anger involving the co-pay of her medication. The sound of angry patient was a familiar one to me. But this was like nothing I had ever heard before. I stood behind the scenes in awe, awaiting the reaction of the pharmacist unfortunate enough to be the recipient of her outrage. I knew many people who would have wanted to shout right back at that patient, be rude, and unsympathetic. But this pharmacist was different. He remained quiet and allowed the patient to finish expressing her feelings. He stayed clam and collected as he explained the reasons for the expensive price of her medication and why her insurance didn’t cover it at that time. He even offered alternative solutions to avoid such a high co-pay and expressed sympathy and compassion for her. This behavior must have resonated with the patient because she, in turn, regained her composure and left the pharmacy knowing that he was on her side. I believe the professional behavior of the pharmacist had everything to do with the positive outcome of the situation. I learned a lot from the pharmacist at that moment, and hope I can embody those traits of professionalism when I’m faced with a similar situation in the future.

Excellence is not a destination, but rather a continuous journey that begins with a single experience. It is those experiences that encompass the essence of Pharmacy.

“Leadership is not so much about technique and methods as it is about opening the heart. Leadership is about inspiration of oneself and of others. Great leadership is about human experiences, not processes. Leadership is not a formula or a program, it is a human activity that comes from the heart and considers the hearts of others. It is an attitude, not a routine.”

- Lane Secretan, Industry Week, 10/12/98

As we elevate our students to excellence, we hold steadfast our commitment to you, the Preceptors, our quest to provide you with the tools necessary to be successful leaders.

We “Thank You” for your leadership and your commitment to our students!

John Ridgway
John Ridgway, BS, RP
Director of Experiential Programs
UNMC’s Lothrop Elementary Science Star Program received attention on the national level this summer when two of UNMC’s P4s participated in the National Conference of the American Association of Colleges of Pharmacy (AACP) in Boston in July 2009. The world’s pharmacy educators convened at this 2009 AACP Annual Meeting and Seminars to shape the future of global healthcare. Michelle Anderson and Jennifer Nesiba, pictured along with their Pharmacy Practice faculty sponsors and mentors, Jayashri Sankaranarayanan, PhD and John Ridgway, RPh, presented a poster entitled “Assessing a Community Service Learning Model of Pharmacy Student Led Education of Diverse Elementary Students.” In February 2008, Michelle and Jenny collaborated with Mr. Ridgway and the Lothrop science coordinator Pam Galus to create the student-led education model in which students provide twice-monthly science lessons to Lothrop students. The lessons range from chemistry to nutrition to anatomy as Lothrop is a science magnet center located in an underserved area of Omaha. In Spring 2008, Michelle and Jenny worked with Dr. Sankaranarayanan to survey 19 Lothrop pharmacy student volunteers and to analyze the outcomes associated with teaching at Lothrop. Michelle and Jenny were excited to present the findings at the national level, as the research showed that pharmacy students benefited from teaching at Lothrop. The benefits were improvement in the pharmacy students' practical teaching skills, and in their working with diverse populations as well as their increased interest in taking up future preceptor and public health positions. The implied importance of these findings indicate that exposure to the Lothrop program may increase student interest in teaching pharmacy students along with student comfort in working with various patient populations.
It is with great honor that we recognize Allison “Ally” Dering-Anderson, Pharm.D., RP. Ally Dering-Anderson serves as the overnight pharmacist at Walgreens in Lincoln, NE. She is also the district immunization trainer for the Lincoln District. Ally received her Doctor of Pharmacy degree from the University Nebraska Medical Center, Class of 1986. She was the 2008 recipient of one of the most coveted awards, the Cora Mae Briggs Service to Pharmacy Award.

What is your practice site and what does your rotation involve?
I work the vampire shift at Walgreens. That means the students start at 10:00 pm and get done at 8:00 am. They work seven straight days, because that's when I work. I do a call-in radio talk-show and the students go with me to at least 1 show during their rotation. Quite a unique experience for most of them. We're a busy retail pharmacy so we fill prescriptions and counsel patients. We also do vaccinations. I think it's a wonderful experience.

What made you decide to become a preceptor? How long have you been a preceptor?
I had great experiences as a student and I wanted to share those experiences with new students. I actually learn more from them, or preparing for them, than I believe they ever learn from me. I've been a preceptor since 1987. Back in the dark ages, you had to be a pharmacist for twelve months before the state would let you take the "preceptor test" and become a preceptor.

What is your teaching/preceptor philosophy? Do you have any tips for the busy preceptor?
My philosophy is to show the student what I do, explain my choices and let them decide their own style. I can't win if I try to mold students into my mold - - they'd be frustrated and the world doesn't need another me!! My tip for the busy preceptor is simple - - PLAN AHEAD. I have multiple file folders where I stash information, articles, cartoons, etc. that appeal to me when I see them. Each focuses on something I'm passionate about, like vaccines or patient communications. When things get crazy (and when things get really slow) I haul out the file box and show the students all of the information I've collected for them. Then, when things go back to "normal" we can discuss what they have read.

What do you enjoy most about being a preceptor?
The students! Their youth and enthusiasm recharges my professional batteries. They have learned things in class that I've never learned and so I learn from them. I also really enjoy showing them that I love this profession. When they leave they have a definite opinion about retail pharmacy and the overnight shift. But I truly believe that each of them is proud to have chosen pharmacy.

What advice would you give to other preceptors who are just starting out?
Advice? Interesting question. I don’t know that I’m in a position to advise, I learn something from every rotation and I’m constantly tweaking the experience I offer at Walgreens.
My encouragement is that you really do have something to offer the students. Honestly you do! You have history, you have experiences that the students may never see. You have a point of view that they’ve never seen before because it’s your point of view. I liked being in class at the College of Pharmacy. My classmates are part of some of my dearest memories I keep in touch with many of them. That being said, the preceptors who encouraged me to think, who let me practice the profession for the first time, those are the people who molded my professionalism. My favorite preceptor was my dad. I still think he’s the best pharmacist I’ve ever met. But I’m biased! If you are just starting out, sit down and make a list of the things you want every student to take away from your rotation, then make it happen. You’ll get great support from the College of Pharmacy, as far as tasks and functions, but you need to decide what matters to you. Then it’s not work, it’s a joy. Also, have fun! The students are bright and interesting and hungry to learn what you have to offer. It’s wonderful.

Have you had any particularly memorable experiences while precepting pharmacy students?
Yes, I’ve had a few. John Skrabal was with me when I was stung by a bee, and he had to drive my manual transmission car to the emergency room so I could be treated - I’d let my EpiPen expire! The students had to do internship manuals and one of the tasks was to manage a medical emergency. I actually signed off on John’s management of my emergency. My daughter was one of my students. What an amazing feeling that was. I’m sure I was more concerned about my performance as a preceptor than she was about her performance as an early practice student. The last memory I’ll share here has to do with the fact that I used to be an experience site for the University of Nebraska Lincoln, for students interested in medical careers. One of my students from that program was Grant Wistrom. The first day he walked in, the pharmacy students were a bit star-struck. It took about 20 minutes before they decided they were all just students, but that moment when they didn’t know who was coming to join us was fantastic. I’ll bet there isn’t a day that goes by when I don’t find something that reminds me of a student I’ve had on rotation - Pete was always late, Eric loved Jimmy Buffett, Steph could make me laugh more quickly than anyone, Sherry is a colleague now and I cherish her, I could go on and on, but I’m sure you get the picture.

UNMC COP Highlights of 2008 - 2009

* The COP placed students for experiential education in 70 percent of Nebraska counties that have pharmacists.

* The COP faculty ranked No. 6 among all colleges of pharmacy in NIH-funding per faculty member.

* COP NIH funding increased 65 percent, the highest of any UNMC unit.

* COP received $10.6 million from the NIH to establish the Nebraska Center for Nanomedicine.

* COP student volunteers administered 3,200 seasonal flu immunizations through Operation Immunization during the flu season.

* First-year pharmacy students contributed more than 130 hours at the two day Juvenile Diabetes Gala, which raised $700,000 for diabetes research.

* The COP developed a candidate anti-malarial drug, OZ277, now in Phase II human testing in India, and an anti-malarial drug, arterolane maleate, now in Phase III human testing in India.

* The COP Center for Drug Delivery and Nanomedicine developed a polymeric micelle formulation of the anti-cancer drugs.

* The first UNMC Inventor Award was given to a COP faculty member.

(Information as noted in the UNMC Today Publication)
The UNMC COP Preceptor & Alumni Fall Seminar on October 3, 2009 was a success.

The Preceptor & Alumni Fall Seminar hosted by John Ridgway, Director of Experiential Programs, was developed as part of UNMC COP’s commitment to help support the educational efforts of pharmacists. Distinguished speakers included faculty, preceptors, and educators on a variety of topics.

We would like to extend our appreciation to the following speakers for their stellar presentations:

Allison Dering-Anderson, Pharm.D.
Pharmacist, Walgreens, Adjunct Instructor, UNMC COP
(Planning an Immunization Program)

Keith Olsen, Pharm.D., FCCP, FCCM
Professor and Chairman, UNMC COP
(Patient Simulation in Pharmacy Education)

Elizabeth Hermsen, Pharm. D., M.B.A., BCPS-ID, Antimicrobial Stewardship Program Coordinator, The NE Medical Center, Adjunct Assistant Professor, UNMC COP; Adjunct Assistant Professor, UNMC COM
(Antimicrobial Stewardship Programs: Implementation and Justification)

Gary Cochran, Pharm.D., S.M., Assistant Professor, UNMC COP
(Pursuing Safety: Learning from Medication Errors)

Matthew Kelso, Pharm.D., Ph.D., Assistant Professor, UNMC COP
(Emerging Pharmacological Agents for the Treatment of Traumatic Brain Injury: New Uses for Old Drugs)

Courtney Fletcher, Pharm.D.
Dean and Professor, UNMC COP
(Personalized Medicine)

Dennis Robinson, Ph.D., Associate Professor & Chairman, UNMC COP
(Current Status & Potential Future Developments in Drug Delivery)

“Education is more than a luxury; it is a responsibility that society owes itself.”

- Robin Cook

Preceptor Retreat at Eugene T. Mahoney State Park

Date: September 16 - 17, 2010

The Office of Experiential Programs is committed to Preceptor Development and we are excited to announce that we will be hosting a Preceptor Retreat this fall. Space will be limited. Details will follow in the upcoming months, so please be sure to check your email.
**NE MISSION OF MERCY (NMOM)**

“So Powerful is the Light of Unity that it can Illuminate the Whole Earth”

On July 10-11, 2009 UNMC COP collaborated with Creighton University and members of the NE Dental Association to assist in providing over $608,000 in FREE dental services to more than 1,400 patients. The event was located at Papillion-La Vista South High School. UNMC COP pharmacy students and faculty assisted with Triage, Drug Information, Medication Histories and Exit Interviews. The event was life changing for many patients and a rewarding experience for everyone involved.

The NMOM committee and NE Dental Association extended their appreciation to everyone who participated in the event.

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To support you in your role as an educator, you have received an ID and password on the UNMC information network. Your ID and password allow you to access electronic books, journals and databases licensed by the McGoogan Library of Medicine. The library pays educational rate for these resources and as a result, the publishers allow them to be used for noncommercial educational purposes only.

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For more information, please view “Educational Use of Library Resources” in RxCOP - Preceptor Resources, Preceptor Expectations.

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**2010 Calendar**

**Preceptor Assignment Notification**
Tentative - January 29th
Notifications will be sent via email please confirm approval to assignments

**Interview Day**
March 5, 2010

**Spring Honors Convocation**
May 7, 2010 | 10:00am
Holland Performing Arts Center

**Graduation**
May 8, 2010 | 10:00am
Civic Center

**Grade Submission Due Dates**
Rotation 9 = Grades due February 15th
Rotation 10 = Grades due March 15th
Rotation 11 = Grades due April 12th
Rotation 12 = Grades due May 10th (Tentative)

We appreciate your timely grade submissions within two weeks of the completion of the rotation.

**Preceptor Retreat**
September 16-17
Eugene T. Mahoney State Park

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This publication and other Preceptor Resources are available on RxCOP online.

Visit unmc.edu to share additional UNMC publications with friends and colleagues.

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for Preceptors of the University of Nebraska Medical Center, College of Pharmacy

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