A simple guide to the correct steps for PUTTING ON and TAKING OFF your Personal Protective Equipment, as recommended by the Centers for Disease Control.

**DONNING YOUR PPE**

1. Hand Hygiene
2. Gown
3. Respiratory Protection
4. Eye Protection
5. Gloves

**DOFFING YOUR PPE**

1. Gloves
2. Eye Protection
3. Gown
4. Respiratory Protection
5. Hand Hygiene