

RESPECT Clinic

Gonorrhea/Chlamydia Testing and Treatment

In general the following policies should guide the treatment of patients seen at RESPECT Clinic; they should be modified based on clinical judgment and additional information.

- Patients who present with dysuria only should be tested and treated with Zithromax.
- Patients who have a purulent discharge should be tested and treated with both Zithromax and Rocephin.
- Patients who have no symptoms but have been exposed to an unknown STD should be tested and treated with Zithromax. If the patient knows the type of STD, you can test and then treat specifically.
- All patients should be instructed to return in a week to review test results and receive additional treatment if indicated.

Collection of Specimens:

- **Urine:** Aptima **Urine** Specimen Collection Kit
 1. The patient should not have urinated for at least 1 hour prior to sample collection.
 2. Write patient information/date/time on blue top sterile specimen cup (lab will transfer specimen to the Aptima Urine Specimen Collection Kit).
 3. Have patient collect a urine sample.
 4. Submit sample to lab.
- **Male Urethra:** Aptima **Unisex** Swab Specimen Collection Kit (Discard large cleaning swab - not needed)
 1. The patient should not have urinated for at least 1 hour prior to sample collection.
 2. Insert the specimen collection swab (blue shaft) 2 to 4 cm into the urethra.
 3. Gently rotate the swab clockwise for 2 to 3 seconds in the urethra to ensure adequate sampling.
 4. Withdraw the swab carefully.
 5. Immediately place swab into transport tube.
 6. Carefully break the swab shaft at the score line.
 7. Recap and label tube with patient information/source/date/time.
- **Female Endocervical:** Aptima **Unisex** Swab Specimen Collection Kit
 1. Remove excess mucus from the cervical os and surrounding mucosa using the cleaning swab (white shaft swab in the package with red printing). Discard this swab.
 2. Insert the specimen collection swab (blue shaft) into the endocervical canal.
 3. Gently rotate the swab clockwise for 10 to 30 seconds in the endocervical canal to ensure adequate sampling.
 4. Withdraw the swab carefully; avoid any contact with the vaginal mucosa.
 5. Immediately place swab into transport tube.
 6. Carefully break the swab shaft at the score line.
 7. Recap and label tube with patient information/source/date/time.

- **Female Vaginal:** Aptima **Vaginal** Swab Specimen Collection Kit
 1. Carefully insert the swab into vagina about two inches inside the opening of the vagina and gently rotate the swab for 10 to 30 seconds.
 2. Make sure the swab touches the walls of the vagina so that moisture is absorbed by the swab.
 3. Withdraw the swab without touching the skin.
 4. Immediately place swab into transport tube.
 5. Carefully break the swab shaft at the score line.
 6. Recap and label tube with patient information/source/date/time.

- **Rectum:** APTIMA® **Unisex** Swab Specimen Collection Kit: (Discard large cleaning swab - not needed)
 1. Insert the specimen collection swab (blue shaft) into the anal canal and rotate for 15-30 seconds.
 2. Immediately place swab into transport tube.
 3. Carefully break the swab shaft at the score line.
 4. Recap and Label tube with patient information/source/date/time.

- **Throat:** APTIMA® **Unisex** Swab Specimen Collection Kit: (Discard large cleaning swab - not needed)
 1. Using the specimen collection swab (blue shaft) instruct patient to tilt head backwards, open mouth and say "ah."
 2. A tongue depressor may be used to depress the tongue and facilitate visualization of pharynx.
 3. Insert swab without touching lips, teeth, tongue, or cheeks.
 4. Gently and quickly swab the tonsillar area side to side, making contact with inflamed or purulent sites.
 5. Immediately place swab into transport tube.
 6. Carefully break the swab shaft at the score line.
 7. Recap and label tube with patient information/source/date/time.